Guidance Counselor Curriculum/ Character Education

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| Month | Kindergarten | 1st | 2nd | 3rd | 4th |
| ***September***-  ***Introduction to the 6 pillars***  Themes:  *Responsibility*  *Respect*  *Caring*  *Trustworthiness*  *Citizenship*  *Fairness* | “Character Counts Dress Up”  (Character Counts)  *PS.A1.2, PS.A1.6*  Sesame Street- “The Power of Yet”  “Don’t Give Up” videos- Growth Mindset mini lesson  *A.A1.1, A.A1.4, A.A1.5, PS.A1.1, PS.A1.2* | “My Character Self Portrait” activity  (Character Counts)  *PS:A1.1, PS.A1.2, PS:A1.10*  (Brief review of last year’s academic goals)  *C.A1.5, C.A1.7, C.A2.7, C.C1.1, PS:A1.3, PS.B1.9, A.A1.1, A.A3.1, A.B2.6, A.C1.4* | Character Counts Bowling  (Character Counts)  *PS.A1.2, PS.A1.6, PS:A1.9*  (Brief review of last year’s academic goals)  *C.A1.5, C.A1.7, C.A2.7, C.C1.1, PS:A1.3, PS.B1.9, A.A1.1, A.A3.1, A.B2.6, A.C1.4* | “See It In Action” Character videos and discussion  (Character Counts and Values.com videos)  *PS.A1.2, PS.A1.6, PS:B1.2*  (Brief review of last year’s academic goals)  *C.A1.5, C.A1.7, C.A2.7, C.C1.1, PS:A1.3, PS.B1.9, A.A1.1, A.A3.1, A.B2.6, A.C1.4* | Character Personal Inventory  (Character Counts)  *C.A2.8, PS:A1.1, PS.A1.2, PS.A1.6, PS:A1.10*  (Brief review of last year’s academic goals)  *C.A1.5, C.A1.7, C.A2.7, C.C1.1, PS:A1.3, PS.B1.9, A.A1.1, A.A3.1, A.B2.6, A.C1.4* |
| ***October***-  ***Responsibility***  Other themes:  *Following directions, Good Listening Skills,*  *Personal Responsibility,*  *Working Hard*  *Goal Setting*  *Making Good/Healthy Choices* | Chain of Responsible choices  (Character Counts)  *C.A1.5, PS.A1.2, PS.A1.6, PS:A1.8, PS:B1.2, A:A1.5, A.A3.1*  “Diagram of a Good Listener”  (Best Face Forward)  *PS.A1.6, PS:A1.8, PS:A2.6, PS:A2.7, A:A1.5, A.A3.1* | “What Responsible Ants Do…”  (Character Counts)  *C.A1.5, PS.A1.6CA2.7, PS.A1.2, PS:A1.8, PS:A2.1, PS:B1.2, A:A1.5, A.A3.1*  Listening and Following Directions  (Best Face Forward)  *PS.A1.6, PS:A1.8*  *PS:A2.6, PS:A2.7, A:A1.5, A.A3.1* | Venn Diagram of Responsible Choices  (Best Face Forward)  *C.A1.4, C.A2.7, PS.A1.2, PS.A1.6, PS:A1.8, PS:A1.9, PS:A2.1, PS:B1.2, A:A1.5*  Responsibility  Bingo  *PS.A1.6, PS:A2.1, PS:B1.2* | Report Card goal setting activity  (Character Counts)  *C.A1.5, C.A1.7, C.A2.7, C.C1.1, PS:A1.3, PS:A1.10, PS.B1.9, PS:B1.12, A.A1.1, A.A1.4, A.A1.5, A.A3.1, A.B1.7, A.B2.6*  Responsibility Tic Tac Toe  *PS.A1.6, PS:A2.1, PS:B1.2* | “Taking Personal Responsibility”- Adopting the Nine Winning Practices  (Rebrilliance)- Part 1  *C.A1.5, C.A2.1, C.A2.7, C.C1.1, C.C1.2, PS.A1.2, PS.A1.6, PS:A1.10, PS:A2.1, PS:B1.2, PS.B1.9, A:A1.5, A.A3.1, A.B2.6*  “Taking Personal Responsibility”- Adopting the Nine Winning Practices  (Rebrilliance)- Part 2  *C.A1.4, C.A1.5, C.A2.1, C.A2.7, C.C1.1, PS.A1.2, PS.A1.6, PS:A1.10, PS:A2.1 , PS:B1.2 , PS.B1.9, A:A1.5, A.A3.1, A.B2.6* |
| ***November***-  **Respect**  *Other themes:*  *Golden Rule*  *Tolerance*  *Acceptance*  *Bullying* | Tolerance Trail Mix  Activity  (Best Face Forward)  & tolerance/ respect discussion  *PS:A1.1, PS.A1.2, PS.A1.5, PS.A1.6, PS:A1.8, PS:A2.1, PS:A2.2 PS:A2.3, PS:A2.4, PS:B1.7* | “We Are All Alike” game & tolerance/ respect discussion  (Character Counts)  *PS:A1.1, PS.A1.2, PS.A1.5, PS.A1.6, PS:A1.8, PS:A1.9, PS:A2.1, PS:A2.2 PS:A2.3, PS:A2.4, PS:A2.7, PS:B1.7* | Paper Heart Activity  (Character Counts)  *PS.A1.2, PS.A1.5, PS.A1.6, PS:A1.8, PS:A2.1, PS:A2.7, PS:B1.2* | “Bullies Are a Pain in the Brain?” movie & discussion  *PS.A1.2, PS.A1.5, PS.A1.6, PS:A1.8, PS:A2.1, PS:B1.2*  (2 lessons in Nov.) | Apple Activity (Character Counts)  *PS.A1.2 , PS.A1.5, PS.A1.6, PS:A1.8, PS:A2.1, PS:B1.2* |
| ***December***-  ***Respect***  *Other themes:*  *Golden Rule*  *Tattling*  *Tolerance*  *Bullying*  *Unfair judgement*  *Building Community* | “Bully BEANS” by: Julia Cook book & discussion  *PS.A1.5, PS.A1.6, PS:A1.8, PS:A2.1*  “Tattle Tongue” By: Julia Cook book & discussion  *PS.A1.6, PS:A1.8* | “The Recess Queen”  By: O’Neill  Book & discussion  *PS.A1.5, PS.A1.6, PS:A1.8, PS:A2.1*  “Tattle Tongue” by: Julia Cook book & discussion  *PS.A1.6, PS:A1.8* | Tolerance Lesson-  “The Araboolies of Liberty Street” by: Sam Swope  book & discussion  *PS:A1.1, PS.A1.2, PS.A1.6PS.A1.5, PS:A1.8, PS:A2.1, PS:A2.2 PS:A2.3, PS:A2.4*  “To Tattle or Not To Tattle” PowerPoint lesson  *PS.A1.6, PS:A1.8* | “Don’t Judge a Book by Its Cover”  X-Factor Video  & discussion  *PS.A1.2, PS.A1.5, PS.A1.6, PS:A1.8* | Challenge Day  (All 4th grade together  from 1-3pm in the library)  *C.A1.4, C.A1.5, C.A2.1, PS.A1.2, PS.A1.5, PS.A1.6, PS:A1.8, PS.A1.11, PS:A2.1, PS:A2.2 PS:A2.3, PS:A2.4, PS.A2.7, PS:B1.2, PS:B1.8* |
| ***January***-  ***Caring***  *Other themes:*  *Kindness*  *Empathy*  *Self-Esteem*  *Respecting Others*  *Bucket Filling* | “Have You Filled A Bucket Today?” by: Carol McCloud  Book, discussion, & bucket activity  *PS.A1.2, PS.A1.5, PS.A1.6, PS:A2.8*  RAK Week Challenge  *PS.A1.2, PS:A2.8*  “I Like Myself” by: Karen Beaumont  & activity  (Character Counts)  *PS:A1.1, PS.A1.2, PS.A1.5, PS:A1.10, A.A1.1, A.A1.3* | “BUCKET FILLING FROM A-Z”  &  Reflection activity  *PS.A1.2, PS.A1.5, PS.A1.6, PS:A2.8*  RAK Week Challenge  *PS.A1.2, PS:A2.8*  “I’m Goona Like Me” by: Jamie Lee Curtis & discussion  (Character Counts)  *PS:A1.1, PS.A1.2, PS.A1.5, PS:A1.10, A.A1.1, A.A1.3* | “Change for A Dollar”  Video  &  Bucket Filling discussion  (Character Counts)  *PS.A1.2, PS.A1.5, PS.A1.6, PS:A2.8*  RAK Week Challenge  *PS.A1.2, PS:A2.8*  Self Esteem Mask  (Character Counts)  *PS:A1.1, PS.A1.2, PS.A1.5, PS:A1.10, A.A1.1, A.A1.3* | “Have you filled a Bucket Today?”  Learning the 3 Bucket Filling Rules/Laws activity  *PS.A1.2, PS.A1.5, PS.A1.6, PS:A2.8*  RAK Week Challenge  *PS.A1.2, PS:A2.8*  “Crysanthemum” by: Kevin Henkes with bucket filling/dipping activity & empathy discussion  (Character Counts)  *PS.A1.2, PS.A1.5, PS.A1.6, PS:A2.8* | “If You Really Knew Me…” round table discussion  *PS.A1.2, PS.A1.5, PS.A1.6,PS.A2.7*  RAK Week Challenge  *PS.A1.2, PS:A2.8*  Random Acts of Kindness movie clips & Pay it Forward discussion  (Character Counts)  *PS.A1.2, PS.A1.6, PS:A2.8* |
| ***February***-  ***Caring***  *Other themes:*  *Kindness*  *Friendship*  *Empathy*  *Respect* | “Friendship Soup”  (Character Counts)  *PS.A1.2, PS.A1.6, PS:A2.8* | Cotton vs. Sandpaper Words  (Character Counts)  *PS.A1.2, PS.A1.6, PS:A2.8, PS:B1.2* | Friendship Flower activity  (Character Counts)  *PS:A1.1, PS.A1.2, PS.A1.6, PS:A2.8* | “Putting Yourself In Someone Else’s Shoes” activity- practicing empathy  (Character Counts)  *PS.A1.2, PS.A1.5, PS.A1.6, PS:A1.9, PS:A2.8* | “Love Line” activity  (Character Counts)  *PS:A1.1, PS.A1.2, PS.A1.6, PS:A2.8* |
| ***March***-  ***Trustworthiness***  *Other themes:*  *Self Control*  *Good Choices*  *Honesty*  *Integrity*  *Motivation*  *Dreams/Goals*  *Overcoming obstacles* | Tower of Trust  (Character Counts)  *PS.A1.2, PS.A1.6, PS:A1.8, PS:B1.2*  “ It’s Hard to Be a Verb” by: Julia Cook  Book/discussion  (Character Counts)  *PS.A1.6, PS:A1.8, PS:B1.2* | “Tell the Truth BB Wolf!” by: Judy Sierra Book/discussion  (Character Counts)  *PS.A1.2, PS.A1.6, PS:A1.8, PS:B1.2*  “Personal Space Camp” by: Julia Cook Book/discussion  (Character Counts)  *PS.A1.6, PS.A1.7, PS:A1.8, PS:A2.8, PS:B1.2* | “Lying Up A Storm”  By: Julia Cook  “Tangled Web” illustration  (Character Counts)  *PS.A1.2, PS.A1.6, PS:A1.8, PS:B1.2*  “My Mouth is a Volcano” by: Julia Cook Book/discussion  (Character Counts)  *PS.A1.6, PS:A1.8, PS:A2.7, PS:A2.8, PS:B1.2* | Honesty/ Trustworthiness video lesson & discussion  (Character Counts/ Values.org)  *PS.A1.2, PS.A1.6, PS:A1.8, PS:B1.2, PS:B1.8*  Motivating Yourself to Learn (strategies)  (Growth Mindset)  *C.A2.7, PS.A1.2, A.A1.1, A.A1.2, A.A1.4, A.A1.5, A.A3.1, A.A3.3, A.B1.3, A.B1.7* | Integrity video lesson & discussion  (Character Counts/ Values.org)  *PS.A1.2, PS.A1.6, PS:A1.8, PS:B1.2, PS:B1.8*  Overcoming Obstacles PowerPoint/discussion  (Growth Mindset)  *C.A2.7, PS.A1.2, A:A1.4, A:A1.5* |
| ***April***-  ***Fairness***  *Other themes:*  *Treating others fairly*  *Fair Decision Making*  *Career Exploration*  *Dreams/Goals* | “The Sneetches” video by: Dr. Suess  & discussion  (Character Counts)  *PS.A1.2, PS.A1.5, PS.A1.6, PS:A2.2 PS:A2.3, PS:A2.4*  Red Ribbon Week  *PS,A1.2, PS.C1.7, PS. C1.8* | “The Fair Eggsperiment” lesson  (Character Counts)  *PS.A1.2, PS.A1.5, PS.A1.6, PS:A2.2 PS:A2.3, PS:A2.4*  Red Ribbon Week  *PS:A1.2, PS:C1.7, PS.C1.8* | “Fair Cents”  lesson  (Character Counts)  *C.A1.4, PS.A1.2, PS.A1.5, PS.A1.6, PS:A1.9*  Resume Jigsaw activity  *A.C1.5, C.C1.6, C.A1.3, C.A1.4, C.A1.7, C.B2.1, C.B2.5, C.C2.1*  Red Ribbon Week  *PS:A1.2 PS:C1.7, PS.C1.8* | “A Case for Equality: Brown vs. Board of Education.”  (Character Counts)  *PS.A1.2, PS.A1.5, PS.A1.6, PS:A2.2 PS:A2.3, PS:A2.4*  My 1st Resume  *A.C1.5, C.C1.6, C.A1.3, C.A1.7, C.A2.6, C.B2.1, C.B1.2, C.B2.5, C.C2.1*  Red Ribbon Week  *PS.A1.2, PS:C1.7, PS.C1.8* | Career Interest  Inventory (part 1&2)  *C.A1.3, C.A1.7, C.A1.8, C.B1.2, C.B1.4, CB1.5, C.B2.5, C.C1.3*  Red Ribbon Week  *PS.A1.2, PS:C1.7, PS.C.18* |
| ***May***-  ***Citizenship***  *Other themes:*  *Service learning*  *Cooperation*  *Career Exploration*  *Dream big* | “Pulling Together Web” (Each citizen must do their job)  (Character Counts)  *C.A1.4, PS.A1.2, PS.A1.6, PS:A1.8, PS:A1.9, PS:A2.1*  Career Interest Inventory & Career Clusters  *C.A1.2, C.A1.3, C.A1.7, C.A2.7, C.B1.2, C.B1.4, C.B2.5* | “How to Be A Good Citizen” by: Mary Small & Citizen Chain activity  (Character Counts)  *PS.A1.2, PS.A1.6, PS:A2.1, PS.C1.2*  Career Interest Inventory & Career Clusters  C*.A1.2, C.A1.3, C.A1.7, C.A2.7, C.B1.2, C.B1.4, C.B2.5* | Citizenship Recipe activity  (Character Counts)  *PS.A1.2, PS.A1.6, PS:A2.1, PS.C1.2*  Ice Cream Career Scoops Activity  *C.A1.5, C.A1.7, C.B1.2, C.B2.5, C.C1.2, C.C1.3, C.C1.7, C.C2.1* | Character Counts Carousel  (Character Counts)  *PS.A1.2, PS.A1.9, PS. A1.6, PS.A2.1,*  “Dream It, Do It” activity Career  *C.A1.5, C.A1.7,C.A2.7, C.B1.2, C.B2.1, C.B2.5, C.C1.2, C.C1.7, C.C2.1, PS.B1.9* | “Character and My Career”  (Character Counts)  *C.A1.4, C.A1.5, C.A1.8, C.A2.1, C.A2.8, PS.A1.6, PS:A1.10, PS:A2.1*  Planning Your Future Day:   1. Career Interest Inventory (part 3) 2. High School Student Panel on Multiple Intelligences 3. South Lewis Alumnus- Dream Big   *C.A1.1. C.A1.2, C.A1.5, C.A1.7, C.A1.8, C.A2.7, C.B1.2, C.B1.4, C.B1.5, C.B1.6, C.B2.1, C.B2.5, C.C1.1, C.C1.2, C.C1.3, C.C1.5, C.C1.7, PS.B1.9, A.A1.5* |
| ***June***-  ***Goal Setting***  *Other themes:*  *Work Ethic*  *Perseverance*  *Career Exploration*  *Dream big* | Setting goals for 1st Grade  *C.A1.3, C.A1.5, C.A1.6, C.A2.7, C.B2.2, C.C1.1, C.C1.4, PS:A1.3, PS.B1.9, PS:B1.12, A.A1.1,A.A1.4, A.A2.2, A.B1.1, A.B1.7, A:B2.1, A.B2.6, A.C1.4, A.C1.5*  Career Exploration  CAREER CLUSTERS FAIR:  *C.B1.2, C.B1.4, C.B2.1, C.B2.5*  Bonus Lesson:  (time permitting)  “When I Grow Up” by: Al Yankovic & Drawing activity  *C.A1.5, C.A2.7, C.B2.5* | Setting goals for 2nd Grade  *C.A1.3, C.A1.5, C.A1.6, C.A2.7, C.B2.2, C.C1.1, C.C1.4, PS:A1.3, PS.B1.9, PS:B1.12, A.A1.1,A.A1.4, A.A2.2, A.B1.1, A.B1.7, A:B2.1, A.B2.6, A.C1.4, A.C1.5*  Career Exploration  CAREER CLUSTERS FAIR:  *C.B1.2, C.B1.4, C.B2.1, C.B2.5*  Bonus Lesson: (time permitting)  Career Bingo  *C.A1.2, C.B2.1* | Setting goals for 3rd Grade  *C.A1.3, C.A1.5, C.A1.6, C.A2.7, C.B2.2, C.C1.1, C.C1.4, PS:A1.3, PS.B1.9, PS:B1.12, A.A1.1,A.A1.4, A.A2.2, A.B1.1, A.B1.7, A:B2.1, A.B2.6, A.C1.4, A.C1.5* | Setting goals for 4th Grade  *C.A1.3, C.A1.5, C.A1.6, C.A2.7, C.B2.2, C.C1.1, C.C1.4, PS:A1.3, PS.B1.9, PS:B1.12, A.A1.1,A.A1.4, A.A2.2, A.B1.1, A.B1.7, A:B2.1, A.B2.6, A.C1.4, A.C1.5* | Nine Winning Practices In Review  (Rebrilliance)  *C.A1.3, C.A1.5, C.A1.6, C.A2.7, C.B2.2, C.C1.1, C.C1.4, PS:A1.3, PS.B1.9, PS:B1.12, A.A1.1,A.A1.4, A.A2.2, A.B1.1, A.B1.7, A:B2.1, A.B2.6, A.C1.4, A.C1.5*  Career Fair Helpers  *C.B1.2, C.B1.4, C.B2.1, C.B2.5* |

***4th Grade Lunch Bunch Activities***

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| Report Card goal setting activity &  brief review of last year’s academic goals  *C.A1.5, C.A1.7, C.A2.7, C.C1.1, PS:A1.3, PS:A1.10, PS.B1.9, PS:B1.12, A.A1.1, A.A1.5, A.A3.1, A.B1.7, A.B2.6* | The Ungame- Building Community and Camaraderie  *PS.A1.5, PS.A1.6, PS.A1.8,PS.A1.9, PS.A1.10, PS.A2.2, PS.A2.3, PS.A2.6, PS.A2.7, PS.A2.8* | “ My Life List” activity  Based on the work of John Goddard  *C.A1.3, C.A1.5, C.B2.5, C.C1.2, C.C1.5* | Growth Mindset Lesson  *A.A1.1, A.A1.2, A.A1.4, A.A1.5, A.B1.1* | Moving on Up-  Discussion Transition to Middle School  *PS.A1.4* |

***Curriculum Resources***

***Literacy Based Counseling with Julia Cook***

Children’s book author and school counselor, Julia Cook, writes a series of books designed to helped students gain understanding and awareness of social habits. Many of her books are used as a part of a literacy based approach to help students discuss social skills in a positive, goal-oriented manner. Topics such as lying, tattling, bullying, and focus are introduced through her humorous stories, which include practical self-help and self-awareness strategies.

***Character Counts***

The Josephson Institute has developed a comprehensive and adaptive program known as Character Counts to help schools explicitly expose students and staff alike to the six pillars of character. Caring, Trustworthiness, Respect, Responsibility, Fairness, and Citizenship are the character traits that this program seeks to develop in learners. The entire elementary guidance curriculum is devised using these six pillars as the framework. Every month students are explicitly taught lessons about each pillar. The school also engages in environmental strategies like posters, bulletin boards, and school announcements to endorse consistent messages of good character.

***Best Face Forward***

This is a literacy based curriculum, supplemented with interactive activity suggestions. Dean of Students and Special Education Teacher, Olivia Boucher wrote this program for use by our previous school counselor. The lessons are meant to help develop character and social skills.

***Rebrilliance***

Robert Newberry, the previous School Counselor for South Lewis Central School, developed the “The Nine Winning Practices” as a part of his educational program. The core of the program is derived from resiliency research and the philosophy that success is teachable. “The Nine Winning Practices” are used at the 4th grade level to talk about taking personal responsibility for one’s educational success and future.

***Growth Mindset***

Philosophies and findings from “Mindset: The New Psychology of Success” by Carol Dweck, Ph.D., has been the foundation of the creation of developmentally appropriate lessons. The goal of these lessons is to explicitly promote coping skills; such as reframing, positive self-talk, and building self-esteem.

***Counseling Program Events***

***4th Grade Exit Interviews (Grade 4)***

Every fourth grade student participates in a 20-30 minute interview with the school counselor the June before they graduate to middle school. Students evaluate and discuss the academic goals that they have set for their 4th grade year. Students engage in conversation about how factors such as attendance, attitude, work ethic, and perseverance have contributed to achievements. Student then set new academic goals for 5th grade and use a Career Interest Inventory and Planning Your Future Day career activities to discuss future career goals.

*ASCA STANDARDS ADDRESSED:* C.A1.5, C.A2.7, C.B2.2, C.B1.3, C.C1.4, PS.A1.3, PS.B1.9, PS.B1.12, A.A1.1, A.A3.1, A.B1.1, A.B1.5, A.B2.1, A.B2.2, A.B2.3, A.B2.4, A.B2.5, A.B2.6, A.B2.7

***Planning Your Future Day (Grade 4)***  
Planning Your Future Day is an opportunity for 4th grade students to begin thinking about the many possibilities for the future. Students are introduced to a variety of guest speakers in hopes that they will be inspired to set personal goals, and then put in the hard work needed to achieve those goals.  There is a career exploration portion of the event that helps students to identify careers that might interest them based on results from a career interest inventory completed during regular guidance lessons. Guest speakers typically include former South Lewis graduates and current high school seniors.

*ASCA STANDARDS ADDRESSED:* C.A1.1. C.A1.2, C.A1.5, C.A1.7, C.A1.8, C.A2.7, C.B1.2, C.B1.4, CB1.5, C.B1.6, C.B2.1, C.C1.1, C.C1.2, C.C1.3, C.C1.5, C.C1.7, PS.B1.9, A.A1.5

***Challenge Day (Grade 4)***

Loosely based on programming from Challengeday.org, this half day event was adapted to meet the needs of an elementary school audience. Students in 4th grade talk about the definition of bullying, the types of bullying that exist, and how these issues are present in their current 4th grade community. Labels, cliques, and barriers to overcoming bullying are also discussed. Once students gain awareness of the problem, the next step is taking ownership. Students are challenged to participate in Think-Pair-Share activities through the whole day to learn to interact with new students. Personal disclosure activities such as “Step on the Line” and “If You Really Knew Me” are introduced to give students a chance to openly share. As in the Challengeday.org programs, there is a great deal of discussion about tolerance, respect, and acceptance. Students are NOT required to share, but encouraged to do so. “Be the Change” is the closing conversation as students think about what role they play in the problem. Together they generate ideas about how they can better be a part of the solution to the bullying epidemic in educational institutions.

*ASCA STANDARDS ADDRESSED:* PS.A1.2, PS.A1.5, PS.A1.6, PS.A1.7, PS.A1.8, PS.A1.10, PS.A1.2, PS.A2.2, PS.A2.3, PS.A2.6, PS.A2.7, PS.A2.8, PS.B1.2, PS.B1.3, PS.B1.5, PS.B1.8, PS.C1.3, PS.C15, PS.C1.6

***Random Acts of Kindness Week (Grades Pre-K- 4)***

Random Acts of Kindness (RAK) Week celebrates the importance of kindness, compassion, empathy, and caring. Students are challenged to seek out opportunities to be deliberately kind to one another. They are challenged to think about how the amount of kindness they put into the world is directly related to the amount of kindness that they receive. To help them understand this concept, students use paper hearts to write about each individual act of kindness *done to them* over the week. The counselor has discussions with each class about how being able to fill out many hearts is an indication that an individual is also a kind and compassionate person to others. Classes compete against one another to complete the most RAK hearts. Winners receive a RAK from the counselor.

*ASCA STANDARDS ADDRESSED:* PS.A1.2, PS. A1.6, PS.A2.3, PS.A2.8

***Kindergarten and 1st Grade Career Fair (Grades K-1, 4)***

This end of the year activity is meant to jumpstart the career exploration efforts in early primary grades. During classroom guidance lessons prior to the event, Kindergarten and First Grade students will complete a developmentally appropriate career interest inventory so that they can identity which 3 of the 16 career clusters are most closely aligned with their interests and abilities. During the career fair, students will use this information to visit 3 of the 16 career cluster stations, with the help of a 4th grade buddy. Together the pair will examine traditional and non-traditional careers at each of the three stations, and use the corresponding hand-outs to create two career booklets. One booklet to keep, and the other to serve as a document for the career portfolio that begins in Kindergarten. Fourth grade students will benefit from participation as well, as it will also expose them to new career ideas.

*ASCA STANDARDS ADDRESSED:* C.B1.2, C.B1.4, C.B1.7, C.B2.1, C.B2.5

***KidsKamp and Challenge Week (5, 8)***

In August, incoming 5th graders and incoming 8th graders are invited to attend a weeklong event wherein students begin engaging in the process of self-discovery and planning for the future. Many exciting activities and trips are planned through-out the weeklong event to inspire and motivate our students. Both groups of students will be visiting Beaver Camp where they spend the day on the ropes course exploring the lower and higher elements, as well as engaging in teambuilding activities meant to inspire discussion about adversity and obstacles. Our students also visit college campuses during the course of the week. This is a great opportunity to expose our middle school students to post-secondary education options. These visits are usually facilitated by campus staff and college students who conduct tours and activities meant to get our students interested in higher learning. We also invite guest speakers to talk to the students about the importance of having and accomplishing goals and dreams despite challenges and obstacles. The culmination of the event is a goal-setting project and discussion of academic and career goals.

*ASCA STANDARDS ADDRESSED: PS.A.1.1, PS.A1.2, PS.A1.3, PS.A1.4, PS.A1.5, PS.A1.9, PS.A1.10, PS.A2.6, PS.A2.7, PS.A2.8, PS.B1.1, PS.B1.2, PS.B1.3, PS.B1.6, PS.B1.9, PS.B1.10, C.A1.3, C.A1.4, C.A1.6, C.A2.1, C.A2.7, C.B2.1, C.C1.1, C.C1.2, C.C1.5, C.C1.7, C.C2.1, C.C2.2, C.C2.3, A.A1.2, A.A1.4, A.A1.5, A.B1.1, A.B2.1, A.B2.6, A.B2.7, A.C1.3, A.C1.4, A.C1.5, A.C1.6*

***Red Ribbon Week (Grades Pre-K- 4)***

This event is a week of activities meant to to raise awareness of the dangers of alcohol, tobacco, drugs, and violence. A guest speaker from a local agency (Ex: Mountain View Prevention, Cornell Cooperative Extension) typically starts off the week with an assembly about making healthy choices. From there students participate in daily Red Ribbon Week Challenges meant to inspire good choices (see sample chart). A poster and/or essay contest, and lunch time activities (signing a drug free pledge, drug free photo booth, and coloring/activity sheets) help endorse the Red Ribbon Week objective.

*ASCA STANDARDS ADDRESSED:* PS:A1.2, PS:C1.7, PS. C1.8

Red Ribbon Week 2017

Theme:“Drug Free, is a Healthy Me”

|  |  |
| --- | --- |
| Monday | 25-30 Minute assembly about making healthy life choices.  (Cornell Cooperative Extension)   * Earn points: Students will be asked to wear red * All students get a RRW Ribbon to wear throughout the week |
| Tuesday | “Drug Free is a Healthy Me.”   * Earn points: Bring in fruits or vegetables for a snack. * Earn points today for wearing your Red Ribbon   Classes take turns signing the drug free pledge (in the cafeteria) |
| Wednesday | “Be On A Drug Free Team”   * Earn points: Wear your favorite team gear * Earn points today for wearing your Red Ribbon * Pictures in the cafeteria of students in sports jerseys. * 2:50 dance party over the loud speaker to emphasize how playing sports and exercising is a healthy choice |
| Thursday | “Reading a Book is a Healthy Look” – students participate in 20 minutes of reading after announcements   * Earn points: bring a book from home or from your last library book exchange to read. * Earn points today for wearing your Red Ribbon * Students get a red ribbon sticker in the cafeteria if they bring a book to read after they eat! |
| Friday | “Drug Free Means a Successful Me” -   * Earn points: dress up as your future job or career interest |

***Falcon Friends (1-4)***

Falcon Friends is an exciting program at South Lewis that provides a positive learning experience for elementary students at Glenfield and Port Leyden. The goal of this program is to facilitate a mentor-like relationship between an elementary student and a positive role model from South Lewis High School. Through this relationship, students engage in activities that encourage self-esteem, self-confidence, goal-setting, literacy, character building, and friendship skills.

*ASCA STANDARDS ADDRESSED:* PS.A1.1, PS.A1.9, PS.A2.6, PS.A2.8

***Mountain View Prevention Services (K-4)***

Thomas Bradish, an educator from a local agency, Mountain View Prevention Services, delivers additional lessons once per month in the elementary and middle school buildings. His program works to address social/emotional needs of students, above and beyond the regular guidance program. Mr. Bradish talks about drugs and alcohol, peer pressure, appropriate vs. inappropriate touch, personal boundaries, and much more. He uses evidenced based curriculums called “Too Good for Drugs” in the K-2 classrooms, and Botvin’s “Life Skills” curriculum for grades 3-5.

*ASCA STANDARDS ADDRESSED:* PS:A1.1, PS.A2.2, PS.A1.4, PS.A1.5, PS.A1.6, PS.A1.7, PS.A1.8, PS.A1.9, PS.A1.10, PS.A1.11, PS.A1.12, PS.A2.5, PS.A2.6, PS.A2.6, PS.A2.7, PS.B1.1, PS.B1.2, PS.B1.3, PS.B1.5, PS.B1.8, PS.C1.1, PS.C1.2, PS.C1.3, PS.C1.4, PS.C1.5, PS.C1.6, PS.C1.7, PS.C1.8, PS.C1.9, PS.C1.10